

Community Health Events

Atlantic Health

September 2026

September is Prostate Cancer Awareness Month and Ovarian Cancer Awareness Month.

Prostate cancer is the most common cancer among men after skin cancer. The good news is that it can often be treated successfully if detected early. Routine screening and preventive care help detect and prevent not only this type of cancer, but all types. Screenings save lives, but only if people get screened. Reach out to your healthcare provider to go over screening options. Ovarian cancer is one of the leading causes of cancer-related death in American women, and that can be attributed to the fact that early stages of ovarian cancer have no symptoms. When symptoms do appear, they can be confused with other conditions. Knowing the early signs of cancer can lead to life-saving treatment. If you need a provider, call 1-800-247-9580 or visit atlantichealth.org/cancerhides. For more information about cancer screening services for people without insurance, call 973-971-5952.

VIRTUAL PRESENTATIONS

What Your Child's Pediatrician Wants You to Know About Childhood Obesity

WEDNESDAY, SEPTEMBER 16 12:00PM

Childhood obesity is not just about a child's weight. It can affect their physical health, feelings, development and health later in life. Join us to explore often overlooked contributors to obesity, including sleep habits, screen time and daily routines. Caregivers will learn practical strategies to support healthy habits, such as making simple nutrition swaps, reading food labels and increasing everyday movement. We will provide actionable tips that can help families make small changes

with lasting benefits. Presented by Erica Green, MD, Atlantic Pediatrics.

Atrial Fibrillation: Know Your Risk Factors and Why They Matter

FRIDAY, SEPTEMBER 18, 12:30PM

Atrial fibrillation is the most common type of irregular heart rhythm. Learn what increases your risk and steps you can take to improve your health. Presented by Jennifer Tavares, MSN, APN, FNP-C, nurse practitioner, Electrophysiology Associates, Cardiac Rhythm Management, Atlantic Health.

Heart Smart: Understanding Cholesterol for a Healthier Heart

TUESDAY, SEPTEMBER 22, 12:00PM

Join us for an informative and engaging talk about heart health and cholesterol. Learn what cholesterol is, how it affects your heart and the difference between "good" (HDL) and "bad" (LDL) cholesterol. We'll discuss common risk factors for heart disease and simple practical steps you can take to keep your heart healthy and lower your risk of heart disease. Presented by Knar Mesrobian, DO, Atlantic Health Primary Care.

Primary Care: Your Partner for Health

WEDNESDAY, SEPTEMBER 23 12:00PM

This presentation will explore the role of the primary care physician (PCP) and how PCPs care for patients within Atlantic Health. We will discuss how to effectively utilize your PCP and their care team, review the differences in PCP training and credentials, highlight what Morristown Family Medicine offers and cover several current "hot topics" in primary care. Presented by Marc Napolitano, DO, attending physician, Atlantic Health Morristown Medical Center Family Medicine.

Food Safety in Action: Best Practices for Prevention

THURSDAY, SEPTEMBER 24, 12:00PM

September is National Food Safety Education Month. Join us to learn the latest food safety best practices and practical solutions for reducing foodborne illness risks. Gain valuable insights and actionable strategies to strengthen your food safety knowledge. Presented by Kelly D'Aries, MSN, RN, MEDSURG-BC, CIC, infection preventionist, Atlantic Health Morristown Medical Center.

Vaccines: The Frontline of Preventive Care

THURSDAY, SEPTEMBER 24, 6:00PM

Staying up to date on recommended vaccinations is important for lifelong health. Join us to learn how vaccines protect individuals and communities from serious infectious diseases. We'll cover how vaccines work, why they matter at every stage of life, how community immunity protects all of us and common vaccine misconceptions. Presented by Samantha Pozner, MD, chair, Family Medicine, Atlantic Health Overlook Medical Center.

IN-PERSON PRESENTATIONS

Portion Control and Portion Distortion

WEDNESDAY SEPTEMBER 9, 10:00AM

Sussex County YMCA
15 Wits End Drive
Hardyston, NJ

Portion control is managing how much you eat, while portion distortion is our warped perception of normal serving sizes. We will examine both. Presented by Cathy Olmstead, MS, RDN, BC-ADM, Atlantic Health. Please call 973-209-9622 to register or for more information.

Pre-registration is required for all virtual classes and programs.

To register, please visit [Classes and Programs](#), call 1-800-247-9580 or scan the QR code.

To contact Community Health email communityhealth@atlantichealth.org or call 1-844-472-8499, opt #3.



Chuckles, Chortles and Giggles: The Benefits of Laughter for Seniors

**WEDNESDAY, SEPTEMBER 9
2:00PM**

Livingston Public Library
10 Robert H. Harp Drive
Livingston, NJ

Whether big or small, your last good laugh probably made you feel better. Did you know humor can help you live longer, too? Come enjoy a few giggles and learn about the physical and mental health benefits of laughter. Presented by Nairobi Vasquez, Health Educator, Atlantic Health Overlook Medical Center. Registration is required. To register, visit: <https://livingston.librarycalendar.com/event/chuckles-chortles-and-giggles-benefits-laughter-seniors-38311>.

Nourish and Connect Health Series

THURSDAY SEPTEMBER 10, 10:00AM

Atlantic Health Newton Medical Center
175 High Street, Newton NJ 07860

Join NORWESCAP and Newton Medical Center for an engaging monthly health series where you will learn how to read food labels, cook heart-healthy meals, eat well on a budget, and understand carbohydrates. Each class includes a Nourish and Thrive Kit with ingredients to prepare the meal, recipe cards, and \$10 gift card for each participant. Registration is required. Please email adeelm@norwescap.org to register. Class dates are: September 10, October 8, November 12, December 10 and January 14, 2027.

What's Aging Your Skin? And How to Reverse It

WEDNESDAY, SEPTEMBER 16, 11:30AM

Washington Township Recreation Center
35 East Springtown Road
Long Valley, NJ

Did you know that the skin is our largest organ? Join us for a program to learn how to care for your skin, manage age-related changes and when you should see a dermatologist. Registration is required. To register, please call 908-876-5941 or email recreation@wtmorris.net. Presented by Cindy Wassef, MD, Dermatology. To register, please call 908-876-5941 or email recreation@wtmorris.net.

Cold or Flu? How to Tell the Difference and Stay Healthy

FRIDAY, SEPTEMBER 18, 1:00PM

Sussex County Library – Franklin Branch
103 Main Street
Franklin, NJ

The common cold and influenza (flu) are both contagious respiratory illnesses, but they are caused by different viruses. While they share many common symptoms, there are key differences to help distinguish each. Come join us to learn more about the basics of the flu and what you can do to help prevent its spread this cold and flu season. Presented by Trixy Thibodeau, CHES, health educator, Atlantic Health Newton Medical Center. To register, please call the Sussex County Library – Franklin Branch at 973-827-6555 or visit [Sussex County Library Events – SCLS Home](#).

Men's Health: Understanding PSA Screening, Prostate Cancer Detection and Sexual Health

WEDNESDAY, SEPTEMBER 23, 1:30PM

The Connection
79 Maple Street
Summit, NJ

Join Atlantic Health providers for an evidence-based overview of prostate-specific antigen screening and its role for early detection of prostate cancer. We will discuss screening guidelines, risk factors, genetics, shared decision-making, interpretation of PSA results and advances of diagnostic tools such as MRI, PSMA PET scans, biomarker testing and genomic testing. We will also address important aspects of men's sexual health and changes that can occur with aging. Learn how these common concerns may be connected to prostate health and overall wellness, what treatment options are available and when it's time to talk with your healthcare provider. Presented by Naeem Rahman, MD, medical director, and Joseph Caputo, MD, Urology. Registration is required. Call 908-273-4242 to register.

Community Baby Shower

**SATURDAY SEPTEMBER 26
10:00 AM TO 1:00 PM**

Atlantic Health Newton Medical Center
Romano Conference Center
175 High Street, Newton NJ 07860

Expecting a baby or thinking about starting a family? Join Atlantic Health as we showcase our renovated maternity unit.

The Bill and Nancy Conger Art of Caregiving Conference

SATURDAY, OCTOBER 17

Atlantic Health Adult Day Center
200 Mount Airy Road, Basking Ridge, NJ

Whether you're an experienced caregiver or brand-new to the role, there's an art to providing care for an aging loved one. Caregiving is not a "one size fits all" experience and often requires learning how to navigate the eldercare maze, as well as how to balance your own needs with those of your loved one. Join us for a FREE interactive full-day course addressing key areas and get personalized guidance on how to best care for your aging loved one. A complimentary light breakfast and lunch will be provided. Must register by 10/13/26. To register, visit: <https://events.atlantichealth.org/event/caregiving-series-6830>.

SUPPORT GROUPS

Breastfeeding Support Group

**MONDAYS (VIRTUAL)
TUESDAYS (IN-PERSON)
10:00AM TO 12:00PM**

Breastfeeding can be a wonderful experience for both moms and babies. Breast milk is nature's food designed specifically for babies. Breastfeeding has many benefits for moms and babies, helping reduce allergies, ear and respiratory infections, childhood obesity and SIDS. Breastfeeding also helps to prevent women's cancers and type 2 diabetes. Our breastfeeding support group is for new mothers and their babies. The group is free of charge to join and participate, all we ask is for you to register. To register, please visit atlantichealth.org/events. For more information, please call 908-522-2946 or email overlook.parented@atlantichealth.org.

Pre-registration is required for all virtual classes and programs.

To register, please visit [Classes and Programs](#), call 1-800-247-9580 or scan the QR code.

To contact Community Health, email communityhealth@atlantichealth.org or call 1-844-472-8499, opt #3.



Healthy Aging Program at Atlantic Health

This free hotline provides phone and email-based consultation and referral to community services and resources for seniors and caregivers. Call 973-971-5839, email healthyaging@atlantichhealth.org, or visit atlantichhealth.org, keyword "senior services."

Atlantic Health Glasser Brain Tumor Center Support Group

**1ST AND 3RD THURSDAY OF THE MONTH
5:00 TO 6:00PM (VIRTUAL)**

This group offers a safe space to share your thoughts and feelings with others who understand your experience. The group also includes presentations by experts with advice on a variety of topics and an "ask us anything" segment where your questions are fielded by a doctor and nurse practitioner. One family member or friend is invited to participate with you. For more information, contact Janet LeMonnier, LSW, MSW, at janet.lemonnier@atlantichhealth.org or 908-522-5159.

Grief and Loss Support Group WEDNESDAYS, 12:00 TO 1:00PM

Have you lost a loved one recently and are having difficulties coping? Atlantic Health offers a forum for you to meet with others experiencing loss. For more information, please call Julianna Cummings at 973-753-2718.

New Parent Support Group FRIDAYS, 12:00 PM TO 1:00PM VIRTUAL VIA MICROSOFT TEAMS

Are you a new parent? This is a time of joy that comes with a lot of changes and challenges. New parents can sometimes feel alone and isolated. Come join this free and confidential support group where we will talk about how to navigate this exciting and sometimes difficult adjustment to adding a new addition to your family. The group is an opportunity to share resources and receive support during this wonderfully challenging part of your life. Co-parents are welcome to join also! To register, call CONCERN at 973-451-0025.

Información general para dejar de fumar

CADA LUNES, A LAS 11:00AM

¿Quiere dejar de fumar? ¡Le podemos ayudar! Reúnase con una especialista de dejar de fumar para informarse de las opciones disponibles para usted. No se requiere seguro médico ni otra documentación para participar. Reunión Virtual de Zoom. Número de identificación para ingresar a la reunión de Zoom: 846 1670 1188. Código de acceso: 397398. Para obtener más información, llame al 1-844-472-8499, opción número 2, o mande un correo electrónico a Communityhealth@atlantichhealth.org.

Ostomy Support Group 2ND MONDAY OF THE MONTH 7:00PM (VIRTUAL)

Area-wide Support Group for Ostomates (people of any age with potential, new or mature ileostomies, colostomies, or continental diversions) and caring supporters. OSGNJ is affiliated with United Ostomy Association of America, Inc. (UOAA). We provide direct aid and mutual support to Ostomates both individually and within a group setting. We conduct support via telephone and e-mail to dialogue and present ourselves as role models to potential and new Ostomates. We arrange programs and activities for Ostomates, spouses, children, parents and their friends, as appropriate. For more information, contact Jo Ann Coar, MSN, RN-BC, A-GNP-C, CWOCN at 973-831-5168.

Stroke Survivors Support Group 3RD THURSDAY OF THE MONTH 2:00 TO 3:00PM

This monthly support group provides the opportunity for stroke survivors to share their lived experiences of navigating recovery. Offered virtually with exception to quarterly in-person meetings, members can expect a welcoming forum to connect with other survivors and learn about community resources. Facilitated by a licensed clinical social worker with occasional guest speakers. Open to survivors of all ages and phases of recovery. To register, please contact Kristen Usher at 908-522-4911 or ahs.strokesupport@atlantichhealth.org.

Stroke Caregivers Support Group

**3RD WEDNESDAY OF THE MONTH
2:00 TO 3:00PM**

This monthly support group is offered to caregivers of stroke survivors. Held virtually with exception to quarterly in-person meetings, members can expect a welcoming forum to give and receive support from other caregivers, exchange personal experiences and learn about caregiving and stroke-related resources in the community. Facilitated by a licensed clinical social worker with occasional guest speakers. To register, please contact Kristen Usher at 908-522-4911 or ahs.strokesupport@atlantichhealth.org.

Adult Type 1 Diabetes Support Group 3RD THURSDAY OF THE MONTH (BIMONTHLY) 7:00 TO 8:00PM

February, April, June, August, October and December. All virtual meetings and classes are offered free of charge. Share your experiences with others who have type 1 diabetes. The support and encouragement you will receive from your peers plays a key role in helping you adjust to the many changes in living with diabetes. We offer support group meetings and classes to all our patients living with diabetes for an opportunity to compare challenges and successes. To register, please visit atlantichhealth.org/events

Adult Type 2 Diabetes Support Group

**1ST TUESDAY OF THE MONTH
12:00 PM: JANUARY, MARCH, MAY, JULY,
SEPTEMBER AND NOVEMBER
6:00 PM: FEBRUARY, APRIL, JUNE,
AUGUST, OCTOBER AND DECEMBER**

All virtual meetings and classes are offered free of charge. Share your experiences with others who have type 2 diabetes. The support and encouragement you will receive from your peers plays a key role in helping you adjust to the many changes in living with diabetes. We offer support group meetings and education classes to all our patients living with diabetes for an opportunity to compare challenges and successes. To register, please visit atlantichhealth.org/events

Pre-registration is required for all virtual classes and programs.

To register, please visit [Classes and Programs](#), call 1-800-247-9580 or scan the QR code.

To contact Community Health, email communityhealth@atlantichhealth.org or call 1-844-472-8499, opt #3.



Weight Loss Surgery Support Group

3RD TUESDAY OF THE MONTH, 6:00PM

All virtual meetings and classes are offered free of charge. Share your experiences with others who have had weight loss surgery. The support and encouragement you will receive from your peers plays a key role in helping you adjust to the many changes experienced after surgery. We offer support group meetings and classes to give our post-operative patients an opportunity to compare challenges and successes. We encourage people who are thinking about having the surgery to attend. Registration required. Register for each support group you would like to attend. For more information, please call 973-971-7212.

ATLANTIC HEALTH CHILTON MEDICAL CENTER

Arthritis Support Group

4TH THURSDAY OF THE MONTH AT 9:15AM

For more information, please email Christine.Dimovski@atlantichhealth.org.

Breastfeeding Support Group

EVERY MONDAY, 11:00AM TO 12:00PM (IN-PERSON)

EVERY WEDNESDAY, 6:30 TO 7:30PM (VIRTUAL),

Join other moms in an informal and welcoming group that supports breastfeeding mothers and their children, up to 6months. Our lactation consultants will be on hand to answer questions and offer support. Share experiences and make friends! Registration required, no classes on holidays. Free for mothers and their breastfeeding children. To register, please visit atlantichhealth.org/events.

Cancer Group

For people who are newly diagnosed, in treatment and up to two years post treatment. For more information, call 973-831-5311.

Chilton Diabetes Education Support Group

1ST THURSDAY OF THE MONTH, 10:00AM

Atlantic Health Pavilion
2nd Floor, Community Conference Room
242 West Parkway, Pompton Plains, NJ

A Diabetes Support Group can be a valuable resource for people living with diabetes. The Diabetes Education Center at Atlantic Health Chilton Medical Center offers a safe environment for people with diabetes to share their experiences, learn from each other and

receive emotional support. It is also a great place to find out information about medical treatments, research and strategies as well as practical tips and resources. Pre-registration is not required. For more information or for weather cancellations please call 973-831-5229

Parent Education and Support Groups

CLASSES AVAILABLE IN PERSON AND VIRTUAL.

To view the 2026 schedule, please visit:

<https://events.atlantichhealth.org/#tabs-47623170421866-49393268180747>

ATLANTIC HEALTH MORRISTOWN MEDICAL CENTER

Better Breathers Club

For more information, call 1-800-247-9580.

Dementia Caregiver Support Group

2ND MONDAY OF EVERY MONTH

1:30PM TO 2:30PM

435 South Street, Morristown, NJ
Third Floor Conference Room

Caring for someone with memory loss is meaningful—and hard. You don't have to do it alone. Join us for a warm and welcoming space to share experiences, learn practical tips and get support from others who understand. Starting June 8, 2026. Free of charge. To register, please call 973-971-4842. Register for each support group session you would like to attend.

Diabetes Self-Management Education Program

- Thursdays: from 1:00 to 2:30pm
- Thursdays: from 5:00 to 6:30pm
- One Saturday class every month

For information or to schedule an appointment, call 973-971-5524.

Heart Failure Virtual Group

Support group for patients with heart failure or their caregivers that offers support through mutual sharing and education. Run by Ellen Berry, MSW, and Kathy Hollasch, Certified Heart Failure Nurse. For more information, call Ellen Berry at 973-971-7061 or Kathy Hollasch at 973-971-7901.

Morris County Ostomy Support Group

**3RD WEDNESDAY OF THE MONTH
7:00 TO 9:00PM, AVAILABLE IN PERSON AND VIRTUAL**

3rd Floor Conference Room
435 South Street, Morristown, NJ

The Morris County Ostomy Association holds monthly meetings. The meetings consist of an informal gathering of ostomates and individuals who may be contemplating ostomy-related procedures. The evening also involves an informal talk by a physician, ostomy resource specialists or ostomy vendors. Family and friends are always welcome. Please call 973-971-4039 or email ostomymorris@gmail.com to receive information and meeting notifications. For other support group locations, please visit the United Ostomy Association of America (UOAA) website at www.ostomy.org.

Survivors Post Treatment Group

Open to patients who have completed cancer treatment, as well as caregivers. For more information, please call 973-971-6514 or visit atlantichhealth.org/cancerclass.

Sexual Health Center of Atlantic Health Morristown Medical Center

200 South Street, Suite 342
Morristown, NJ

The Sexual Health Center offers low or no-cost testing for sexually transmitted infections, HIV, and hepatitis C, access to treatment, and comprehensive prevention services. It houses a PrEP clinic for HIV prevention, LGBTQ+ competent providers, and compassionate counselors who assist with linkage to benefits, behavioral health, and community services. It's proud to offer a nonjudgmental, confidential, and safe place to receive sexual wellness services. For more information, please call 973-889-6810.

Young Adult Cancer Survivor: Discussion Series

Open to young adult cancer survivors ages 21 to 35 who have completed active treatment. Each month we'll explore and dive into the unique concerns and needs of young adult cancer survivors. This series will provide a supportive space to connect with others to gain practical information and resources. Preregistration required. Please email Erin.Rinaldi@atlantichhealth.org. For more information about cancer-related classes and support groups, please visit

Pre-registration is required for all virtual classes and programs.

To register, please visit [Classes and Programs](#), call 1-800-247-9580 or scan the QR code.

To contact Community Health, email communityhealth@atlantichhealth.org or call 1-844-472-8499, opt #3.



ATLANTIC HEALTH OVERLOOK MEDICAL CENTER

Cancer Groups

The Carol G. Simon Cancer Center at Atlantic Health Overlook Medical Center offers free programs for patients and their caregivers both during and after treatment. Programs include support groups and integrative programs like Yoga, Qigong, Meditation and Stress Management. For more information, call Lauren Curtis at 908-522-6168.

Caregiver Programs

Thomas Glasser Caregivers Center at Atlantic Health Overlook offers free programs for caregivers, including:

- TaijiFit, Mondays & Thursdays, 12:00pm

To register and receive a Zoom invitation, please call Marian Teehan or Valerie Gagliano at 908-522-6348.

Healing Your Grieving Heart

TUESDAYS, 2:00 TO 3:00PM

Atlantic Health Overlook Medical Center Caregiver Center Conference Room, Fifth Floor, 99 Beauvoir Avenue, Summit, NJ

Atlantic Health Overlook Medical Center is sponsoring a bereavement support group for those who have experienced a death of a spouse or partner within the last year. The purpose of this group is to provide a safe environment where one can share feelings and experiences and explore ways of coping with the death. The group is led by professionals trained in grief-related issues and is held weekly for six weeks in a welcoming environment. The group is free, but registration is required. For more information and specific dates, please contact: Maggie Brady, MSW, LCSW, OSW-C, oncology social worker, 908-522-5255 or Marian Teehan, MSW, LCSW, coordinator, 908-522-6348.

Ostomy Group

This professionally led group is for ostomy survivors and their families. For a location, schedule and to register, please call 908-522-5552.

ATLANTIC HEALTH NEWTON MEDICAL CENTER

Better Breathers Club

LAST THURSDAY OF THE MONTH

12:45 TO 2:15PM

Atlantic Health Newton Medical Center, Romano Conference Center
175 High Street, Newton, NJ

A program for people with chronic lung disease and their loved ones. To register, call Debra Zimmerman, BBC coordinator and COPD educator at Atlantic Health Newton Medical Center at 973-579-8588.

ATLANTIC HEALTH HACKETTSTOWN MEDICAL CENTER

Better Breathers Club

Discuss pulmonary disease and learn how to best manage your chronic lung disease. To register, call 908-979-8797.

Cancer Caregiver Connections

4TH WEDNESDAY OF THE MONTH

4:00 TO 5:00PM (IN-PERSON)

Atlantic Health Joan Knechel Cancer Center
West Wing Conference Room
First Floor, Room 101
657 Will Grove Street
Hackettstown, NJ

A support and education group for individuals who are caring for a loved one with cancer. Gain insight and connection with other caregivers. Learn practical information and discover effective coping strategies for optimal self-care. Registration is required. For more information, contact 908-441-1534.

Parkinson's Support Group

3RD TUESDAY OF THE MONTH

3:30 TO 5:00PM (IN-PERSON)

Atlantic Health Hackettstown Medical Center
Cafeteria Conference Room
651 Willow Grove Street
Hackettstown, NJ

This FREE support group is for individuals living with Parkinson's disease. Care partners are also welcome to attend. If you have questions or would like more information, please contact Marcia: 845-476-1008.

Newly Diagnosed Cancer Group

2ND WEDNESDAY OF THE MONTH

3:00 TO 4:00PM (IN-PERSON)

Atlantic Health Joan Knechel Cancer Center
West Wing Conference Room
First Floor, Room 101
657 Willow Grove Street
Hackettstown, NJ

For newly diagnosed individuals who are within the first year of cancer treatment. Learn practical tools, gain useful resources, develop positive coping skills, and expand insights on navigating the daily challenges of life with cancer. Registration is required. For more information, contact 908-441-1534.



INFORMATION ABOUT THE FLU

The Centers for Disease Control and Prevention (CDC) recommends a yearly flu vaccine as the first and most important step in protecting yourself and your family. Anyone can get the flu, even healthy people. There are many convenient ways to get a flu vaccine, including your primary health care provider, your employer, your local health department, or a retail pharmacy in your community. If you are enrolled with a home care agency, call to ask if they are providing flu vaccines to clients.

For more information, visit atlantichealth.org/flu

LUNG CANCER SCREENING PROGRAM

Lung cancer screening is used to detect the presence of lung cancer in people who may be at risk, but aren't showing signs or symptoms. The goal is to detect lung cancer earlier, when it's easier to cure. The U.S. Preventive Services Task Force (USPSTF) recommends annual screening for lung cancer with low-dose computed tomography (LDCT) in adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Atlantic Health provides a lung cancer screening program that is covered by Medicare and other commercial insurance companies. For more information, call 1-844-228-LUNG (5864) or visit atlantichealth.org/lungcancerscreening.

PROJECT SEARCH

Atlantic Health is proud to partner with Project SEARCH and provide young adults with the skills and experience needed to achieve meaningful employment.

Together we offer year-long internship opportunities in which students have the chance to explore a career in health care. Interns typically start their day with class time guided by Project Search instructors, followed by hands-on training alongside our employees. After successfully completing the program, students will receive their high school diploma and assistance finding gainful employment with Atlantic Health or another local business.

For more information on Project SEARCH at Atlantic Health Overlook Medical Center, contact Josh Bornstein at jbornstein@ucesc.org or 908-233-9317, ext. 1026.

For more information on Project SEARCH at Atlantic Health Newton Medical Center, contact John O'Hara at johara@sussexesc.org.

Scan QR code



Apply Today



Learn More

ATLANTIC BEHAVIORAL HEALTH ACCESS CENTER

Atlantic Behavioral Health understands that sometimes during your life there is a need for mental health or substance misuse services. Our programs are recovery oriented and person centered using an evidence based, best practice approach. We bring a team of dedicated, skilled professionals who share a commitment to excellence and will join with you to find a path to emotional and mental well-being.

For an Atlantic Behavioral Health referral, call the Access Center at 1-888-247-1400 to be connected to a leading behavioral health provider, or to obtain information on one of our top-rated programs.

INFORMATION ABOUT COVID-19

Visit atlantichealth.org for great information regarding COVID-19. Know how to protect yourself, including how to get the latest vaccine, the signs and symptoms of the virus, what to do if you are sick, and other useful resources. <https://www.atlantichealth.org/services/covid-services>

COMMUNITY RESOURCE DIRECTORY

Browse a comprehensive directory of local community resources and social programs available to support your overall health, such as accessing healthy food, medication assistance, transportation and housing resources, and much more. To find community resources in your area based on your needs and preferences, search by zip code and category or keyword.

To access the directory, visit:
<https://atlantichealth.resources.uniteus.io>

QUIT SMOKING PROGRAM: IT'S NOT QUITTING, IT'S LIVING!

This free program offers an individual assessment of your tobacco dependence by a Certified Tobacco Treatment Specialist, nicotine replacement products at no cost to you and/or a recommendation for medication to help you quit and stay smoke free. Programs may be available in-person or virtually. Space is limited, you must pre-register and have a smoking assessment done to participate in this program. Spanish language quit groups are available.

Atlantic Health Chilton Medical Center
Atlantic Health Hackettstown Medical Center
Atlantic Health Morristown Medical Center
Atlantic Health Newton Medical Center
Atlantic Health Overlook Medical Center

**For more information, please call
1-844-228-LUNG (5864)**

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