

BOROUGH OF MOUNT ARLINGTON
BOARD OF HEALTH
Reorganization and Regular Meeting Minutes
January 22, 2018
6:30 PM

1. Call Meeting to Order

2. Adequate Notice

Adequate notice of this meeting was advertised in the Daily Record and the Roxbury Register. Notice is also posted on the bulletin board in the lobby of the borough hall.

3. Flag Salute

The Pledge of Allegiance to the Flag was recited.

4. Roll Call

Laura O'Reilly-Stanzilis, Sheila Studint, Christopher Anderson, and Roy Morance were present, as was Derrick Webb. Patti DiGeronimo, Linda Tuorinsky and Andrew Cangiano were absent.

5. Presentation were completed in the January 8, 2018 BOH meeting. Mr. Anderson gave a brief overview of the presentations.

a. Certificate of Appreciation to former BOH member Ann Marie Westerfield

b. Frank Nelson, Animal Control Officer

6. Reorganization Nominations:

Nomination of Board of Health President – One Year Term

Mrs. Studint moved to nominate Mr. Anderson as Board of Health President

Second: Mrs. O'Reilly-Stanzilis

All in Favor: Aye

None Opposed

Motion Approved

Nomination of Board of Health Vice President – One Year Term

Mrs. O'Reilly-Stanzilis moved to nominate Mrs. DiGeronimo as Board of Health Vice President

Second: Mrs. Studint

All in Favor: Aye

None Opposed

Motion Approved

Nomination of Board of Health Administrative Secretary – One Year Term

Mr. Anderson moved to nominate Beth Dwyer as the Board of Health Administrative Secretary

Second: Mrs. O'Reilly-Stanzilis

All in Favor: Aye

None Opposed

Motion Approved

a. Re-appointments:

Roy Morance – reappointment to 3 year term, expires 12/31/2020

Sheila Studint – reappointment to 3 year term, expires 12/31/2020

Mr. Anderson moved to reappoint Mr. Morance and Mrs. Studint to the Board of Health for a 3 year term

Second: Mrs. O'Reilly-Stanzilis

All in Favor: Aye

None Opposed

Motion Approved

7. Resolutions:

a. Resolution #BOH 2018-01

Resolution of the Mount Arlington Borough Board of Health, in the County of Morris, State of New Jersey, Appointing Lizbeth Dwyer as Municipal Registrar of Vital Statistics.

Mr. Anderson read Resolution #BOH 2018-01 into the record.

b. Resolution #BOH 2018-02

Resolution of the Mount Arlington Borough Board of Health, in the County of Morris, State of New Jersey, Designating Board of Health Meeting Dates for the year 2018.

Mr. Anderson read Resolution #BOH 2018-02 into the record.

Mr. Morance moved to accept Resolution numbers #BOH 2018-01 and #BOH 2018-02

Second: Mrs. Studint

All in Favor: Aye

None Opposed

Motion Approved

8. Approval of Meeting Minutes:

a. November 13, 2017 Regular Meeting Minutes

Motion to Approve: Mr. Morance

Second: Mrs. Studint

All in Favor: Move for approval to the March 12, 2018 meeting because we did not have a quorum.

9. Approval of Sanitarian's Reports:

a. November and December 2017

Mr. Webb mentioned that he and Mr. Weigle completed the yearlong Certified Public Managers course which was offered at Rutgers University. Mr. Webb also noted that he attended the NJ Local Boards of Health Association dinner where Helen Giles as well as others were recognized for their services to the community.

Mr. Webb reviewed the complaints section of the report related to animal licensing. Most issues have been resolved, however, we are giving residents time to licenses their animals.

Under the Retail Food Inspection portion of the report Mr. Webb reviewed an issue with Davy's Hot Dogs where a refrigeration unit compressor burned out because the door was left open. This issue has been resolved. All other retail food inspections were satisfactory.

In the Complaint section of the health report Mr. Webb reviewed an issue with rodents in the one of the Mount Arlington Garden apartments. Part of the issue was the condition the apartment was in. Mr. Webb explained that rodents will occupy a space if they have shelter, food and water; the tenants left food out which attracted the rodents. This issue has been taken care of by the resident changing their habits and through the use of a professional pest control agency.

Mr. Webb briefly reviewed the Health Education portion of the report as well as the Public Health Nursing report and the Professional Development portion of the report.

Mr. Morance moved to accept the Sanitarian's Report

Second: Mrs. Studint

All in Favor: Aye

None Opposed

Motion Approved

10. Correspondence: Sustainable Jersey Newsletters

11. New Business

a. Rabies Clinic Results

The board reviewed the total rabies vaccinations administered from calendar years 2012 through 2017.

12. Old Business

13. Open to Public

None

14. Board Comment

Mrs. Studint noted that the Ridgeview couple who had issues with leaving their gas stove on are moving to an assisted living facility.

Mr. Webb reviewed three new bills which include:

1. Cottage Food Law – This new law will allow people to bake goods in their home and then sell to the public. NJ is the only state in the union who does not have this law on the books. Currently individuals can bake goods for a nonprofit organization as a fundraiser but it is unlawful to sell baked good to the public as a business. The bill is a concern to health departments because it will increase the number of food establishments in each municipality. These organizations are selling their goods as a small business, but the kitchen in a home is not regulated as restaurant kitchens are. In addition, the NJ Home Bakers Association is suing the State Health Department over this issue. Mr. Webb believes this bill will pass. In addition to the public health concerns this bill could potentially be in direct violation of municipal zoning laws.
2. Test for Lead in Schools – The regulations to test for lead in water are being tightened up.
3. Permit Required for New Cigar Lounges – This bill will require new cigar lounges to be permitted.

Mrs. O'Reilly-Stanzilis reported that she has returned to the NJ Local Boards of Health as an executive board member. Her involvement includes oversight of their communication and assisting them in special projects such as public health awards.

Mrs. O'Reilly-Stanzilis provided an update on the Mayor's Wellness Committee – Mrs. O'Reilly-Stanzilis reported that the Mayor's Wellness Committee is including the Borough Recreation committee when possible in event planning. The Borough's Senior Club is hosting a Mayor's Wellness presentation at the Elks lodge on Wednesday January 24, 2018. The presentation will include Aging in Place and Falls Prevention. Public Health Nurse Helen Giles and nurse volunteer Mrs. O'Reilly-Stanzilis will be co-presenting and a representative from Habitat for Humanity will also provide part of the overview including showing the group ways in which they can apply for assistance devices in the home such as railings.

Future events include a six week series of seated chair functional exercise classes for the seniors. The focus will be on proprioception, spacial awareness, impact of exercise on fall prevention, increase muscle mass, and ways to stop the decrease in bone mass through functional strength exercise. Mrs. O'Reilly-Stanzilis is a volunteer, a nurse advocate, and an insured certified fitness instructor.

Mrs. Studint mentioned North Jersey Health and Fitness offers senior exercise classes including chair yoga every Tuesday, Wednesday and Thursday. Membership fees are \$20.00 per month.

Mrs. O'Reilly-Stanzilis mentioned that the NJ Local Boards of Health meetings are in South Brunswick. The board would like to see more members from northern Jersey and if that happened some meetings might be moved north. Tele conferencing is also an option with call in capability. If our board members have issues they would like addresses by the NJLBOH we can send an email and those issues would be addressed in their newsletter or at a meeting.

15. Motion to Adjourn

Mrs. O'Reilly-Stanzilis moved to adjourn

Second: Mrs. Studint

All in Favor: Aye

None Opposed

Motion Approved

Respectfully submitted,

Beth Dwyer
Board of Health Administrator
Approved: May 14, 2018

CC: website