

BOROUGH OF MOUNT ARLINGTON
BOARD OF HEALTH
Regular Meeting Minutes
May 14, 2018
6:30 PM

1. Call Meeting to Order

In Mr. Anderson's absence Mrs. DiGeronimo called the meeting to order.

2. Adequate notice of this meeting was advertised in the Daily Record and the Roxbury Register. The Notice is posted on the Bulletin Board in the Lobby of the Borough Hall.

3. Flag Salute

The Pledge of Allegiance to the Flag was recited.

4. Roll Call

Laura O'Reilly-Stanzilis, Sheila Studint, Patti DiGeronimo, Roy Morance and Ken Kappy were present as was Derrick Webb. Christopher Anderson, Linda Tuorinsky and Andrew Cangiano were absent.

5. Presentations

A. None

6. Reorganization

A. Welcome new BOH member Ken Kappy

Mrs. DiGeronimo welcomed Mr. Kappy as our new Board of Health member.

7. Approval of Minutes

A. January 22, 2018 Reorganization & Regular Meeting Minutes

Motion to Approve: Ms. Studint

Second: Mr. Morance

All in Favor: Aye

Absent: Christopher Anderson

None Opposed

Motion Approved

B. March 12, 2018 Regular Meeting Minutes

Motion to Approve: Mr. Morance

Second: Ms. Studint

All in Favor: Aye

Absent: Linda Tuorinsky

None Opposed

Motion Approved

8. Approval of Public Health Services Report

A. March and April 2018

Mr. Webb reviewed the March and April 2018 Sanitarian's and Nursing Report. Mr. Webb explained Mount Olive's department of health met with Laura Hawkins who is Hackettstown Hospital's Community Health Coordinator. Mount Olive is trying to link local residents with available services from the hospital. Mount Olive offered the hospital space in their health department to be used to hold classes and seminar for Mount Olive residents. The first seminar to be offered will be presented by a registered dietitian. Once the process is established, Mount Olive plans to roll the program out to the rest of the municipalities they support.

Mrs. O'Reilly-Stanzilis asked that Mr. Webb's effort be rolled into Mount Arlington's Mayor's Wellness Program. Mr. Webb said that it will be and went on to say that the objective is to connect people with available services they may not be aware of.

Mr. Webb reviewed the monthly accreditation meetings portion of the Sanitarian's report and explained that specific requirements must be fulfilled. He went on to review the Community Health Assessment (CHA) process. The objective is to take data and develop a CHA which documents the needs of the community and available services. It also identifies partners within the community. The idea is to link people with services.

Mr. Webb reviewed the Animal Control and the Complaints portion of the report. Under the environmental Health section of the report, Mr. Webb stated that the Borough had a power outage due to the March Nor-Easter. Food establishments were inspected and those who lost power voluntarily discarded spoiled food.

Mr. Webb reported that he received the President's Award for his meritorious contributions on behalf of Environmental Health during the NJ Environmental Health Association Education Conference.

The board briefly discussed the recreational bathing code which now requires more rigorous bacterial inspections and subsequent beach closures if water samples are not within acceptable standards.

Moving on to Inspections, Mr. Webb reported that six retail food inspections were performed and all six received satisfactory ratings. In addition, two pre-optional inspections were performed for the new Dollar Tree Store. The first inspection resulted in an unsatisfactory rating, but the issues were corrected and the subsequent inspection resulted in a satisfactory rating.

In the Health Education portion of the report Mr. Webb noted that the Mount Olive Board of Health is creating a "What is Public Health" poster which will be distributed to each Municipality. Mr. Webb encouraged the board to view the "So Much for So Little" video which is a very good overview of what public health is and how the health department works. May is Skin Cancer awareness month and the Mount Olive Board of health is updating their distracted driving awareness poster. The board went on to discuss the

distribution of the educational posters. It was suggested that in addition to posting in the lobby of the Municipal Building we should also post health education information in the library, in the Elks Lodge where our Senior's meetings are held, and distribute copies to the Board of Education.

The Mount Olive Board of Health employees participated in a DISC Personality Assessment as part of their work force development. Mr. Webb reviewed the outcome of his assessment with the group.

Under the Public Health Nursing portion of the report Mr. Webb noted that the board re-enrolled in the vaccine for children program. They also worked with Atlantic Health to develop a presentation on fall prevention and physical therapy which was presented to Mount Arlington Seniors as part of our Mayor's Wellness program. Mr. Webb went on to review the remainder of the Public Health Nursing report including a brief discussion on the East Asian Tick which is suspected to carry SFTS which is a viral tick borne illness. Symptoms of SFTS include fever, nausea, and diarrhea as well as additional medical issues.

The board had a discussion on how we might increase our return on investment. Morris County is one of the healthiest communities in NJ. There are eleven counties in NJ that have the high HIV/Aids, Tuberculosis and STD rates. These are the issues their health departments are putting their energy into along with maternal care. We do not have those issues in our community so we are focused on prevention and epidemiology. Most of our population is insured and has primary health care. There is a strong correlation between an individual's finances, education and access to health care. We do have pockets of individuals who do not have access to health resources so our highest priority is better community engagement. Our board objective is to develop a community needs assessment which might drive the goals of our health department. Board members learn and then disseminate information out to the community. The Board of Health oversees the health department.

Mr. Webb distributed an amended copy of the Workforce Development portion of the Public Health Services Monthly report for the board's review

Motion to Approve: Mrs. O'Reilly-Stanzilis

Second: Ms. Studint

All in Favor: Aye

None Opposed

Motion Approved

9. Resolutions

- A. None

10. Correspondence

- A. Sustainable Jersey Newsletters distributed

11. New Business

A. Morris Count Proud to be Stigma Free initiative

Mrs. O'Reilly-Stanzilis noted that the Stigma Free initiative is a movement to create awareness of substance abuse as a disorder and address the opioid epidemic. It also encompasses mental health first aid and the importance of recognizing the signs and symptoms of mental illness and to respond accordingly.

B. Memorial Day Parade Saturday May 26th 10:30 AM

Mrs. DiGeronimo reviewed the Memorial Day Parade route and ceremony. A suggestion was made by Mr. Webb to post our May Health education poster and any other Board of Health flyers at the Elks lodge during the Memorial Day picnic.

12. Old Business

C. Meeting Dates

March 12, 2018

May 14, 2018

September 10, 2018

November 12, 2018 **Borough Closed Veterans Day Reschedule.**

Meeting dated moved to **November 5, 2018.**

January 14, 2019 (Reorganization and Regular Meeting)

13. Public Comments

None

14. Board Comments

Mrs. O'Reilly-Stanzilis noted that she is leading the Mayor's Wellness committee. The goal is to tie Recreation, Mayor's Wellness, and the Board of Health together so all three organizations are appraised of what the others are doing in the areas of prevention and wellness. Mrs. O'Reilly-Stanzilis follows the National Institute of Health's monthly calendar. May is physical fitness month and senior fitness month. Mayor's Wellness held a falls prevention seminar with our seniors which was followed up with a fun exercise class for seniors. On June 4 another senior exercise class will be held at the Library. The expectation is that Recreation will recruit an instructor to keep the exercise programs going weekly.

Mrs. O'Reilly-Stanzilis reported that she is an Executive Board member of the NJ Local Boards of Health Association. When their newsletter is released Mrs. O'Reilly-Stanzilis will forward copies to our Board of Health.

Mr. Kappy asked about the STEC (E. Coli) outbreak caused by romaine lettuce. He wanted to know if we had much of problem locally. Mr. Webb said he has not received any recorded cases of anyone becoming ill with STEC.

15. Motion to Adjourn

Motion to Adjourn: Ms. Studint

Second: Mrs. O'Reilly-Stanzilis

All in Favor: Aye

None Opposed

Motion Approved

Respectfully submitted,

Beth Dwyer

Board of Health Administrator

Approved: September 10, 2018

CC: website