

**BOROUGH OF MOUNT ARLINGTON**  
**BOARD OF HEALTH**  
**Regular Meeting Minutes**  
**March 9, 2020**  
**6:30 PM**

**1. Call Meeting to Order**

**2. Adequate Notice** of this meeting was advertised in the Daily Record and the Roxbury Register. The Notice is posted on the Bulletin Board in the Lobby of the Borough Hall.

**3. Flag Salute**

The pledge of Allegiance to the Flag was recited.

**4. Roll Call**

Mrs. BaRoss, Mrs. Tuorinsky, Mr. Morance, Mr. Kappy and Mrs. Keenan were present as was Mr. Webb and Mr. Weigle. Mrs. O'Reilly-Stanzilis, Mrs. Studint and Mr. Cangiano were absent.

**5. Presentations**

A. None

**6. Reorganization**

A. To nominate and appoint a Vice-President

Mrs. Tuorinsky moved to nominate Mr. Morance as Board of Health Vice-President.

Second: Mrs. Keenan  
All in Favor: Aye  
None Opposed  
Motion Approved

**7. Approval of Minutes**

A. February 10, 2020 Reorganization and Regular Meeting Minutes

Mrs. Keenan moved to approve the February 10, 2020 Reorganization and Regular Meeting Minutes.

Second: Mrs. BaRoss  
All in Favor: Aye  
None Opposed  
Motion Approved

**8. Approval of Sanitarian's and Nursing Report**

A. January and February 2020

The Board reviewed the Sanitarian's report for January and February. Mr. Weigle reported that his organization has been focused almost entirely on COVID-19 education, preparation and speaking engagements. Eleven individuals in NJ have been diagnosed positive for COVID-19. Mr. Weigle explained that those people are in isolation until they are clear of the disease. Quarantine is being used for those people who may have been exposed to the disease and need to be observed. The symptoms are the same as the common flu; high fever, headaches, nausea, and dehydration which leads to respiratory issues. Mrs. Keenan, who is a Physician

Assistant, reported that if she has a patient who has symptoms and tests negative for the flu she then tests for COVID-19. She quarantines the patient at home and treats with rest and fluids. They will only be sent to the hospital if their condition worsens. Flu test takes 10 minutes in the office and COVID-19 test takes three to four days. The CDC receives the COVID-19 test results from the physician's office. A vaccine is not yet available for COVID-19. Mr. Kappy noted that the State needs to come up with standard processes for the medical community to use to prevent medical staff from contracting the virus. Mr. Webb said the State is following CDC guideline and so are health care facilities. He went on to say it is important to focus on prevention including hand washing, social distancing and staying away from sick people. The vaccine is 1 to 2 years away so it is critical all people focus on prevention. Mount Olive Board of Health is working on programs to increase education and promotion of prevention including changing social habits.

Mrs. Keenan noted that it is critical that those patients who have symptoms call their healthcare provider prior to coming into the office. The patient is brought in through the back door and kept in an area designated for them. She wears goggles, mask and a gown when examining a patient and the area is cleaned thoroughly when the patient leaves.

Mr. Weigle reported one individual in Mount Arlington is being monitored for the virus. They do not have symptoms, but they are thought to have possibly been exposed. The individual is self-monitoring.

Mrs. Tuorinsky moved to approve the January and February 2020 Sanitarian's and Nursing Report

Second: Mrs. BaRoss  
All in Favor: Aye  
None Opposed  
Motion Approved

## **9. Resolutions**

A. None

## **10. Correspondence**

- A. Census 2020
- B. NJ Local Boards of Health Association – Membership Card Distribution
- C. Sustainable Jersey Newsletters – March 6, 2020
- D. COVID19\_MTO update – March 3, 2020
- E. Sustainable Jersey Newsletter – February 19, 2020
- F. NJLBH Newsletter – Winter 2020

The Board briefly reviewed the correspondence.

## **11. New Business**

A. Communication process between BOH and schools

The board tabled this discussion until the Tuesday, March 10, 2020 meeting scheduled with the Mayor, Administrator, CERT Team members, Board of Health and representatives from the schools.

- B.** Financial Disclosure Statements must be filed by each BOH member by April 30, 2020.

Beth Dwyer mentioned that all Board of Health members are required to fill out the 2020 Financial Disclosure Statements. An email will be sent shortly with log-in information.

**C. Borough Events**

- a.** March 26, 2020 – Free Child Health Clinic
- b.** April 4, 2020 – Blood Screening
- c.** April 4, 2020 – Easter Egg Hunt – Memorial Park 10:45 am
- d.** April 19, 2020 – Youth Cleanup at Beach & Memorial Park
- e.** May 16, 2020 – Community Shred Day – DPW Yard 8:00 am – 12:00 pm
- f.** May 23, 2020 – Memorial Day Parade 10:30 am – Line up at 9:30 am  
Borough Hall
- g.** May 23, 2020 – Beach Opens
- h.** June 2, 2020 – Primary Election – Polls open 6:00 am – 8:00 pm
- i.** June 6, 2020 – 5K & Family Fun Day 9:30 am
- j.** June 27, 2020 – Veteran’s Cruise – 11:30 am
- k.** July 2, 2020 – Beach Bash/Fireworks – Rain Date July 10, 2020
- l.** August 13, 2020 – Sand Castle Contest
- m.** October 17, 2020 – Halloween Bash – 4:00 pm Fireman’s Field

The board reviewed the upcoming Borough events.

**12. Old Business**

None

**13. Public Comments**

None

**14. Board Comments**

None

**15. Motion to Adjourn**

Mr. Kappy moved to adjourn

Second: Mrs. Tuorinsky

All in Favor: Aye

None Opposed

Motion Approved

**Beth Dwyer**

**Board of Health Administrator**

Minutes Approved May 11, 2020

CC: website

