

**BOROUGH OF MOUNT ARLINGTON**  
**BOARD OF HEALTH**  
**Reorganization and Regular**  
**Meeting Minutes**  
**January 11, 2021**  
**6:30 pm**

**1. Call meeting to Order**

Mrs. O'Reilly-Stanzilis called the meeting to order.

**2. Adequate notice** of this meeting was advertised in the Daily Record and the Roxbury Register. Notice posted on bulletin board in the lobby of the Borough Hall.

**3. Flag Salute**

The Pledge of Allegiance to the Flag was recited.

**4. Roll Call**

Beth BaRoss, Sheila Studint, Roy Morance, Linda Tuorinsky, Rebecca Keenan and Laura O'Reilly-Stanzilis as was Derrick Webb and Carolyn Rinaldi were present. Andrew Cangiano was absent.

**5. Presentation:**

- a. None

**6. Reorganization:**

- a. Re-appointments by Mayor Stanzilis:

Roy Morance – reappointment to 3 year term expires 12/31/2023

Sheila Studint – reappointment to 3 year term expires 12/31/2023

Beth Dwyer read the Board of Health appointments into the record.

Mrs. O'Reilly-Stanzilis congratulated Mr. Morance and Mrs. Studint.

- b. To nominate and appoint a President and Vice President

Mrs. Studint moved to nominate Mrs. O'Reilly-Stanzilis as Board of Health President and Mr. Morance as Vice-President

Second: Mrs. BaRoss

All in Favor: Aye

Abstain: Mrs. O'Reilly-Stanzilis and Mr. Morance

None Opposed

Motion Approved

- c. To confirm an administrative secretary to the Board

Beth Dwyer - 1 year term, expires 12/31/2021

Mrs. O'Reilly-Stanzilis read the Board of Health administrative secretary's appointment into the record.

**7. Resolutions:**

**a. Resolution #BOH 2021-01**

Resolution of the Mount Arlington Borough Board of Health, in the County of Morris, State of New Jersey, designating Board of Health meeting dates for the year 2021.

January 11, 2021 (Reorganization & Regular Meeting)  
March 8, 2021 (Regular Meeting)  
May 10, 2021 (Regular Meeting)  
September 13, 2021 (Regular Meeting)  
November 8, 2021 (Regular Meeting)  
January 10, 2022 (Reorganization & Regular Meeting)  
Meetings held at 6:30 PM in the Municipal Building

Mrs. O'Reilly-Stanzilis read Resolution #BOH 2021-01 into the record and asked if any member had conflicts. No conflicts were noted.

**8. Approval of Meeting Minutes:**

**a. November 9, 2020 Regular Meeting Minutes**

Mrs. Tuorinsky moved to approve the November 9, 2020 Regular Meeting Minutes

Second: Mrs. Studint

All in Favor: Aye

Abstain: Mrs. O'Reilly-Stanzilis

None Opposed

Motion Approved

**9. Approval of Sanitarian's Reports:**

**a. September through December 2020**

Mr. Webb reviewed the September through December 2020 Sanitarian's Report.

Mrs. BaRoss asked for clarification regarding the COVID-19 numbers documented under the communicable disease investigation portion of the Sanitarian's report. Mr. Webb said we have 186 confirmed positive cases of COVID-19 and 30 probable cases of COVID-19. Mr. Webb noted that we are in the middle of the second wave following the Thanksgiving and Christmas holidays.

Mr. Webb went on to report that on December 1, 2021 we had 115 confirmed positive cases of COVID-19 and on January 10, 2021 we had 223 confirmed positive cases of COVID-19 which is a 108-case increase. In addition, between December 1, 2021 and January 10, 2021 we had three deaths and 22 more probable cases of COVID-19.

Mrs. O'Reilly-Stanzilis asked Mr. Webb how many of the positive cases are asymptomatic and how many were hospitalized? Mr. Webb said most of the cases are asymptomatic, there were not a lot of hospitalizations. During the first wave we saw a lot more hospitalizations between March and June. COVID-19 is a new disease and we were learning our way through it. Our Health Care providers have a better way to treat

cases, we are seeing milder cases, hospitalizations have been reduced and positive cases are being seen in younger individuals.

Mrs. O'Reilly-Stanzilis noted the higher prevalence of positive cases is in part due to the increase in individuals who are being tested. In addition, free testing has become more readily available.

Mr. Webb noted that the County take home test kit program has been discontinued because people were hoarding the kits thinking that they would use them when they felt sick. The county is required to pay for all test kits even if they are not used. They determined that this program was not a good allocation of money so the program was eliminated. The money has been allocated to the CCM drive-through test site. Mr. Webb went on to report that testing has become a lot easier to get; scripts from health care providers are no longer needed, you don't have to be symptomatic to receive a COVID-19 test and free testing sites are available all contributing to an increase in testing.

Mrs. O'Reilly-Stanzilis encouraged everyone to take care of themselves, get rest, stay hydrated, get adequate nutrition and supplemental supports such as vitamin C and zinc as recommended by doctors and PA's.

Mrs. O'Reilly-Stanzilis asked Mrs. Keenan, a health care professional, if she had additional information to add to the COVID-19 discussion. Mrs. Keenan noted that masks work. She also said the people she is seeing in her practice are those individuals who generally made poor choices. We need to stay the course. Mrs. Keenan also noted that socializations options are available such as going on line or meeting friends outside all of which should be encouraged through all age groups.

Mrs. Keenan moved to approve the September through December 2020 Sanitarian's Report

Second: Mr. Morance  
All in Favor: Aye  
None Opposed  
Motion Approved

## **10. Correspondence:**

- a. Saint Clare's Health COVID & Health Topic Series – January 5, 2021
- b. MC Update on COVID Testing & Vaccine – January 5, 2021
- c. Flu Report – November 16, 2020

The Board briefly reviewed the correspondence. Mrs. O'Reilly-Stanzilis reminded board members that the home page of the Borough website has a live link to the County website which can be used when answering COVID-19 related questions. The page contains local and County public health information as does the Borough's Facebook page. It was suggested by Mrs. Studint that a link be created from the Library website to the Borough site allowing for additional information sharing with residents. Mrs. Rinaldi agreed that a link from the Library to the Borough website was a good suggestion. She explained the

Borough's website has live links posted to direct sites which allows for the most current information to be disseminated to residents.

Mrs. O'Reilly-Stanzilis asked if we have seen a decrease in colds, flu and respiratory viruses due to the increased sanitary precautions people are taking due to COVID-19. Mr. Webb said yes. He went on to say that handwashing, not immunizations, is one of the most important public health breakthroughs. You can prevent a lot by covering your mouth and handwashing; basic sanitary precautions. As we have been going through the new norm this past year, Mr. Webb asked the Board to think about how we previously interacted with people and how making simple changes in our behavior have reduced transmission of certain communicable diseases. Certain behaviors work such a wearing masks, using hand sanitizer and washing hands more frequently. After COVID fatigue, Mr. Webb hopes some of these practices are carried over in our everyday lives. Mrs. O'Reilly-Stanzilis agreed and mentioned how the health care community has tried to impart these practices on people for a very long time. Mrs. Keenan complimented Mr. Webb on the positive spin he put on the issue and the new normal.

#### **11. New Business**

- a. Mrs. O'Reilly-Stanzilis mentioned that the New Jersey Local Boards of Health Association newsletter will be distributed to all board member in February. She encouraged all to read it. Newsletter content is received from a number of resources with interesting information. NJLBHA will be hosting an open meeting in March for all members to attend. A flyer with advanced notification will be distributed.

Mrs. O'Reilly-Stanzilis is Executive Director of the North Jersey Health Collaborative which is a 501C3 non-profit organization comprised of representatives from public health, health care, non-profits and for-profit businesses. The collaborative has recently received a Screen NJ grant which will be used to disseminate cancer screening outreach. The North Jersey Health Collaborative primary goal is to conduct community health needs assessments and implement the community health improvement plans in the five communities they serve including Mount Arlington and Mount Olive. With the grant, the organization will be focusing on lung and colorectal screening. Information will be distributed through various municipalities including libraries who will be asked to hold webinars on these issues.

#### **12. Old Business**

None

#### **13. Open to the Public**

Mrs. O'Reilly-Stanzilis opened the meeting to the public. Council President Delaney thanked the Board of Health members for the work they do for the Borough.

#### **14. Board Comment**

None

**15. Motion to Adjourn**

Mrs. Keenan moved to adjourn

Second: Mrs. Tuorinsky

All in Favor: Aye

None Opposed

Motion Approved

**Beth Dwyer**

**Board of Health Administrator**

Minutes Approved March 8, 2021

CC: website