



FREE

PARENT EMPOWERMENT PROGRAM – Revised Schedule

For parents of any age child

(Infant, Toddler, Preschool, School Age – including Teens)

Be LESS Stressed & Enjoy Parenting MORE!

We provide the following at all weekly sessions:

- An interactive learning environment during weekly classes at the Center
- Dinner served prior to each session
- Child care as needed by trained professionals
- Systematic Training in Effective Parenting book, binder, and all materials needed
- One-on-One weekly mentoring
- Ongoing support during & beyond class
- Transportation facilitated, as needed

**The Fall 2026 Cycle begins on
Wednesday, October 14th
Class time: 6:00 PM – 8:15 PM**

Call 973-426-1525 – or send a message to admin@mtolivechildcare.org
or greuther@mtolivechildcare.org to sign up today!

Classes take place at:

Mt. Olive Child Care & Learning Center

150 Wolfe Road

Budd Lake, NJ 07828



¿Habla español?

Weekly in person sessions of the same program with Beatrice!